



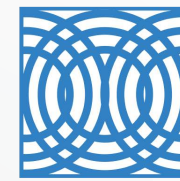
# CONTACT US

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# CIRCLES<sup>®</sup>USA

[www.circlesusa.org](http://www.circlesusa.org)



# CIRCLES<sup>®</sup> ABQ

*BECOME  
A CIRCLE  
LEADER*

*Do you  
feel  
stuck?*

*Are you  
tired of  
living  
paycheck-to-  
paycheck?*

*Do you  
want a  
better  
job?*

*Are you  
constantly  
facing  
urgent  
problems?*

*Do you want  
to improve  
yourself and  
achieve your  
goals?*

*Do you  
want to  
build healthy  
relationships?*





# Getting out of poverty is easier when you have a circle of support.

## THE CIRCLES MODEL

Circles helps families become financially stable with a unique approach. You'll receive training on finances, employment, health, and communication skills. But what really makes Circles different are the relationships you'll form. We match you with two middle-income or upper-income volunteers. Getting out of poverty is easier when you have a circle of support.

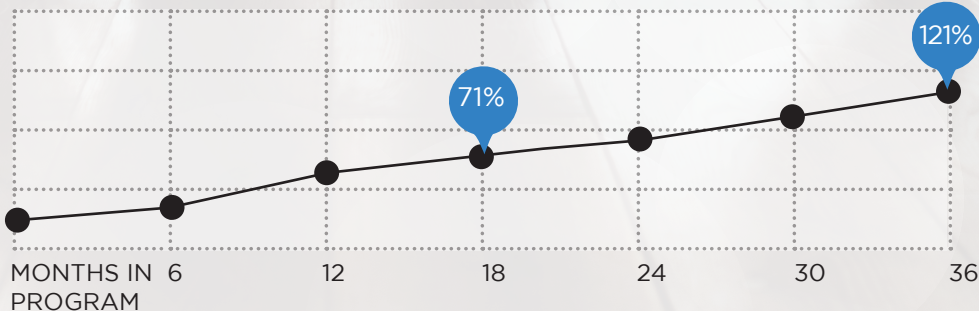
## LEARNING TOGETHER

After training is complete, participants are called Circle Leaders and volunteers are called Allies. As a Circle Leader, you will be leading the weekly meetings with your Allies. You will be setting your own goals. Your Allies will be there to listen, ask questions, and make suggestions. You and your Allies will learn from each other as you accomplish your goals. Weekly meetings include dinner and a curriculum for kids.

## CIRCLES WILL HELP YOU

- > Become financially stable
- > Share your story and be understood
- > Use your gifts and skills
- > Improve communication and time management
- > Be recognized and respected for who you are
- > Have a bigger voice in your community
- > Become a better role model for your kids
- > Set goals, make progress, and achieve results

## AVERAGE INCREASE IN INCOME FOR CIRCLE LEADERS



## WHAT PEOPLE SAY



*"I never thought about future goals. My mindset was to make it through the day. I grew up in poverty, and my parents grew up in poverty... Now I have goals for myself and my family. This program has absolutely changed my outlook on life, and it has changed my children's future."*

— Amber Schwingdorf (Circle Leader)



*"The thing that keeps people stuck in poverty is fear. Fear is paralyzing and isolating. But the relationships in Circles provide a safety net of emotional support so people are willing to try new approaches without the fear of failure."*

— Tammy Thompson (Circles Staff)



## LEADERS & ALLIES COMMIT TO

- > Building a friendship
- > Attending meetings regularly
- > Being open to new perspectives
- > Being honest
- > Trusting the process even when it's challenging

